

**Healthy Food for All**

## Mission – To inspire and advance policy, environmental and lifestyle changes that promote healthy eating and active living in Douglas County

## Fuel Good Standards for pantries and feeding sites

**Targeted Groups:**

Food Pantries

* Just Food
* Salvation Army
* Ballard Center
* Catholic Charities
* Campus Cupboard
* Heartland Food Pantry
* Trinity Food Pantry
* Other?

Feeding Site Agencies

* Salvation Army
* Lawrence Community Shelter
* LINK
* ECM
* Family Promise
* Other?

**Action Steps:**

|  |  |
| --- | --- |
| **August 2016** | **Present to LiveWell Healthy Food for All Work Group as possible Healthy Food for All policy priority** |
| **September** | **Meet with food pantry leaders, determine baseline and steps to improve, refineme proposed Fuel Good nutritional standards** |
| **October** | **Development marketing/ informational materials** |
| **November** | **Quarterly meeting and pantry nutrition advocate training** |
| **December** | **Healthy food drive outreach (heavy food drive time)** |
| **January** | **Campaign development to incorporate feeding sites** |
| **February** | **Campaign development to incorporate feeding sites** |
| **March** | **Quarterly meeting and pantry nutrition advocate training** |
| **April** | **Feeding site recruitment** |
| **May** | **Healthy food drive outreach (heavy food drive time), new pantry/ feeding site recruitment** |
| **June 2017** | **Quarterly meeting and pantry nutrition advocate training , new pantry recruitment** |

**Fuel Levels- Each fuel good action below will be assigned a certain number of points. Annually pantries will self-report on current nutritional efforts. Points will be totaled and the pantry will be assigned a Fuel Level.**

**Level 1 (least points)**

* **At least 70% of all food purchases meet Fuel Good Standards**
* **SNAP enrollment training training for staff**
* **The pantry displays nutritional displays (such as information about “My Plate”)**
* **A healthy food advocate has been identified**
* **Choice Food Pantry Standards are in place**

**Level 2**

* **At least 85% of all food purchases meet Fuel Good Standards**
* **SNAP enrollment training for staff and volunteers**
* **Recruits Fuel Good Nutritional Standards Food Drives**
* **Available nutritional resources include recipes, cooking demonstrations, etc.**
* **Healthy food advocate attends monthly nutritional trainings**
* **Cross promotes healthy eating, growing, and cooking events available in the community**
* **Accommodates clients’ diet restrictions (e.g., low-sodium)**

**Level 3 (most points)**

* **99% of all purchases meet tmeet Fuel Good Standards**
* **Recruits Fuel Good Nutritional Standard Drives**
* **Regular Cooking Classes/Gardening Classes**
* **Fresh fruits and vegetables are available**
* **Hosts monthly nutritional trainings for staff and volunteers**
* **Additional efforts- Pantries can write in additional efforts not listed and award the number of points they feel the project is worth.**

**Example:**

**Check all that apply. Some categories may have more than one that apply.**

**Purchasing:**

|  |  |  |
| --- | --- | --- |
|  | **75% of purchased food meets Fuel Good standards** | **2** |
| **X** | **85% of purchased food meets Fuel Good standards** | **3** |
|  | **95% of purchased food meets Fuel Good standards** | **5** |

**Total: 3**

**Employee/ volunteer training:**

|  |  |  |
| --- | --- | --- |
| **X** | **SNAP training for all pantry employees** | **2** |
| **X** | **SNAP training for all pantry volunteers** | **3** |
|  | **Monthly nutritional trainings offered for employees and volunteers** | **5** |

**Total: 5**

**Advocacy:**

|  |  |  |
| --- | --- | --- |
| **X** | **Establish Fuel Good pantry advocate** | **2** |
| **X** | **Fuel Good advocate attends at least 50% of monthly meetings** | **3** |
| **X** | **Fuel Good advocate shares monthly meeting reports with pantry administration** | **5** |

**Total: 10**

**Additional efforts:**

**Total (please assign points using best judgment):**